



Your flu shot is covered

Your no-cost flu shot helps protect you and those you love.

Getting your flu shot early is one of the best ways to build your immunity. The vaccine is safe and effective, and helps protect you and those around you. You can even get your flu shot and COVID-19 vaccine at the same time.

Who needs a flu shot?

The Centers for Disease Control and Prevention (CDC) recommends everyone six months and older should get a flu shot every season with rare exceptions.¹

Getting vaccinated is especially important for high-risk individuals:

- Pregnant people
- Children under the age of five
- School-aged children
- Older adults
- Professionals in settings with high infection rates
- Anyone with a health condition
- Anyone with a weakened immune system

3 ways to make an appointment:



Walk in or schedule your vaccine appointment at a nearby CVS Pharmacy®: [CVS.co/ScheduleFluShot](https://www.cvs.com/ScheduleFluShot)



Walk in or schedule a flu shot at a retail clinic, like [MinuteClinic®](#).



Log in to your member website at [Aetna.com](https://www.aetna.com) to find a local network pharmacy or doctor.

You can get your flu shot and COVID-19 vaccine at the same time.

The Centers for Disease Control and Prevention (CDC) recommends COVID-19 primary series vaccines for everyone ages six months and older, and additional COVID-19 vaccines for everyone ages five years and older, if eligible.

When are you up to date with your vaccines?

Guidelines for vaccines may vary based on your age, the type of primary series vaccine you've received and the timing of your last dose.² Be sure to check with your doctor or pharmacist if you are unsure if you are eligible for a COVID-19 vaccine.

This year, one of the best ways to protect against serious illness and symptoms from COVID-19 and the flu is to receive all vaccines you are eligible for. Use the link below to schedule both vaccines at a CVS[®] location near you.

We're proud to recommend CVS Pharmacy[®] locations for flu shots.



Flu shot and COVID-19 vaccine appointments are available now:

[CVS.co/ScheduleFluShot](https://www.cvs.com/ScheduleFluShot)



Aetna[®], a CVS Health[®] company is committed to working closely with your local pharmacy to help you feel your best. Making flu shots easy — it's another way **healthier happens together[™]**.

¹CDC. Who Needs a Flu Vaccine. October 27, 2021. Available at: [CDC.gov/flu/prevent/vaccinations.htm](https://www.cdc.gov/flu/prevent/vaccinations.htm). Accessed August 11, 2022.

²CDC. Stay Up to Date with Your COVID-19 Vaccines. July 19, 2022.

Available at: [CDC.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html#recommendations](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html#recommendations). Accessed August 11, 2022.

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