



Get Active on Your Own Terms with FitOn!



An innovative wellness benefit made available to you through Aetna.

What is FitOn?

FitOn allows you to take classes at local fitness studios and gyms by using your FitOn credits.

This digital currency lets you warrior pose, jab, or burpee your way to health!*

FAQ's

What does it cost me to use FitOn?
Nothing! Your employer is taking care of you and paying for your credits.

How do my credits renew?
Your credits automatically reload with new credits on the first of each month.

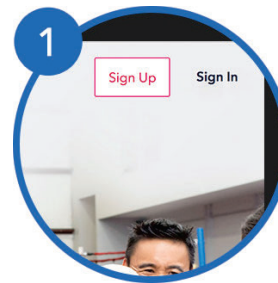
I ran out of credits for the month, but want to keep going. Can I purchase credits on my own?

Yes! Purchase credits through your FitOn dashboard. Once you run out of credits, if you try to reserve a class, you will be prompted to enter payment information.

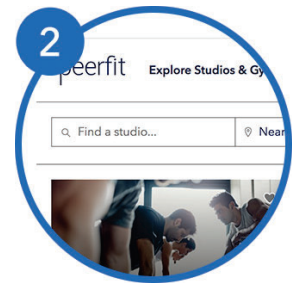
When can I sign up?
Anytime! No need to wait for open enrollment or benefits fairs.

Can I suggest a studio?
Yes! Go to: fitonhealth.com/request

How It Works



Create Your FitOn Account



Choose a Studio or Gym

Click **Sign Up** on fitonhealth.com/ or sign up via our **mobile app**
*Use your **email** to sign up, and look for the **verification link** in your inbox.



Reserve a Class
or use a **Day Pass** instead!



Show Up & Work Out

Visit fitonhealth.com/members for more info, or fitonhealth.com/help for questions.

