

Welcome to health care made simple



Teladoc[®] gives you 24/7/365 access to U.S. board-certified doctors through phone or video consults. It does not replace your primary care physician but is an affordable option for quality care. **Get started today!**

STEP 1

SET UP YOUR ACCOUNT

We've made it quick and easy to set up your account online. Simply visit the website and click "Set up account".

STEP 2

UPDATE YOUR MEDICAL HISTORY

Make sure the "My Medical History" tab is updated so the doctor has the information needed to provide an accurate diagnosis.

STEP 3

REQUEST A CONSULT

Teladoc doctors are available when you need care now. Request a consult anytime online or by phone.

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

Talk to a doctor anytime for \$40 or less!

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 **1-855-Teladoc (835-2362)**

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